

Tackling new challenges on Shining Life's 20th Anniversary



Sinhala/Tamil New Year Celebrations

October marks the start of **Shining Life's 20th Anniversary** year, and we will be celebrating at our 20th Anniversary Dinner on 19 October (see details below). This will kick off a year of fundraising for our **new project working with 3 villages in Anaradhapura district**, Shining Life's first project in this region.

The communities here face the challenge of **chronic poverty**, particularly in relation to **access to water**. The local economy is based on agriculture but, located in the 'dry zone' of Sri Lanka, water is a scarce commodity and communities face challenges in accessing water both for drinking and agriculture.

The lack of clean drinking water has led to high levels of Chronic Kidney Disease, which impacts families in many ways, such as children working or caring for family members instead of attending school. The communities also struggle to store water to use for irrigation, limiting their ability to grow more crops and become self-sufficient.

Over the last few months, we have been working with our partner, Human Development Foundation, to form relationships, establishing **2 Children's Clubs** and **2 Welfare Groups**, and we have held **2 leadership training sessions**, **2 Chronic Kidney Disease clinics**, with 150 people tested, and **drum and dance lessons** for the Children's Clubs.

We are working in partnership to plan the next phase of the project, to be launched in our 20th Anniversary year and we look forward to sharing our experiences in Anaradhapura with you over the coming year and beyond.



Welfare Group Leadership training session

20th Anniversary Dinner

Please join us in celebrating 20 years in Sri Lanka and raising funds for our new project in Angunochchiya.

Date: Thursday 19th October 2017
Venue: Sekara restaurant, 3 Lower Grosvenor Place, London, SW1W 0EJ
Price: £35pp

Email jane@shininglife.org for more information and to book tickets



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Every time you shop online, you could send us a small donation without it costing you a penny! Give as you Live is a great way for small charities like Shining Life to raise funds. Try it out, and tell your friends!

Could you help fundraise for our new project in Anaradhapura?

In our 20th Anniversary year, we are asking our friends to think of new ways to support us and raise funds to help us tackle access to water for our communities in Anaradhapura.

Could you do a cake sale?

Could you organise a quiz night?

Could you do a sponsored challenge for Shining Life?

We can send you a fundraising pack and provide support.

If you are interested in helping out, contact us at jane@shininglife.org

Shining Life Sponsored Bike Ride 2017— Lea Valley and Epping Forest

This year's bike ride saw one of our best turn-outs ever, with nearly 30 people taking part. It was a perfect June day, with plenty of sun and warmth to keep our spirits high. Not only was it a fun day for all but we also managed to smash our fundraising target of £5,000, which will go towards our new 20th Anniversary project. For the first time the ride took place in London, in two of London's most unique natural environments: the Lee Valley Regional Park and Epping Forest.

The Lee Valley Pathway, with its houseboats and canal craft, made a scenic start to the rides before the cyclists moved on to picturesque Essex farmland and countryside. The final part of the routes were through the magnificent Epping Forest, which provided both welcome shade and exciting off-road cycling. The day concluded with a well-deserved and delicious Celebration Barbecue which was swiftly devoured by the hungry cyclists!

Well done to all who took part – a great achievement for all and a big thank you to our supporters whose sponsorship kept us going when aching muscles and sweaty limbs screamed at us to give up. Look out for details on how to join us next year!



How to donate to Shining Life Children's Trust

Regular donations

Regular donations help us to plan our work in Sri Lanka better. If you would like to donate regularly, please set up a standing order. You will need to give your bank these details:

Account name: Shining Life Children's Trust, Sort Code: 40-52-40 (CAF Bank), Account Number: 00016399.

If you set up a standing order, let us know at admin@shininglife.org or write to us.

By credit card

You can donate by credit card through the Charities Trust or BTMyDonate websites. Please go to our website (www.shininglife.org/support.html) for links.

By cheque

Please send your donation to Shining Life Children's Trust at:
1 Chestnut Lane, Amersham, Bucks HP6 6EN.

If you are a UK taxpayer, we can claim an additional 25% through Gift Aid. Thank you.



www.shininglife.org - www.facebook.com/ShiningLifeChildrensTrust - [@ShiningLifeUK](https://twitter.com/ShiningLifeUK)